

**Optimal Minds PC
110 16th St, Ste 403
Denver, CO 80202
303.514.1346 phone**

Counseling Considerations

I welcome discussions about the types of counseling which may be used in your treatment.

According to your counseling goals, I may be able to estimate the length of time your treatment will take. It is important to know that your treatment could take more or less time than originally thought.

I do not regularly provide after-hours counseling or support.

At any time during your treatment, you have the right to get a second opinion.

You may choose to end your treatment at any time.

It is important to know that there are potential risks to treatment, including but not limited to the worsening of symptoms.

In some situations clients may need clinical information for legal matters. I believe that the goals of therapeutic treatment and those of the legal system are often at odds with each other, and I do not typically offer court-related assessment or treatment. If you expect to need clinical information for legal matters, I strongly suggest that you choose a clinician who specializes in this area.

Right to Privacy

The information you share is confidential and will remain so unless you request a release of information. If I review your clinical information during professional consultation, identifying information will be disguised.

If, however, one of the following situations exist I am required to reveal things you have said:

- If I suspect child abuse or neglect.
- If I think that elder abuse is taking place.
- If I think there is a threat of immediate action to harm yourself or others.
- If you are unaware of who and/or where you are.
- If there is a Grievance Board Inquiry.
- If legal matters are involved where I am mandated into court.

Client Agreement

All agreements apply to neurofeedback.

If you are referred through an Employee Assistance Program (EAP), you agree that Peg Vroom will release information by fax, phone, mail, or email as needed for reimbursement. There is a 24-hour cancellation policy for non-emergency situations, for which you are financially responsible. If you are billing your insurance company for meetings with Peg Vroom, you realize that most companies will not pay for missed meetings or late cancellations. If you are using EAP sessions, you understand that a session will be deducted to cover your missed session. A regular length session is approximately fifty minutes long.

Any contact outside regularly scheduled sessions such as case management, phone calls, or consultation is your payment responsibility. You will be billed according to the time spent by Peg Vroom in doing this work. Once again, if you are submitting statements to an insurance company, you realize that they do not generally pay for this collateral work and payment will be your sole responsibility.

Furthermore, you understand that Peg Vroom is not a provider who works with Medicare or Medicaid and that sessions with her cannot be submitted to either or to any other co-insurance with Medicare or Medicaid. As a result, you realize you are choosing to pay

on a private basis which will most likely exceed the costs of working with a clinician who contracts to work for Medicare or Medicaid.

Printed Name: _____

Signature: _____

Date of Signature: _____